THRYVE: FREQUENTLY ASKED QUESTIONS



Empowered Youth Thriving and Prospering in a Safe Community With the growing need to provide a safe and supportive community for our youth, families & communities across our nation, including in Kansas City, Kansas, we are standing up to do something. Whether you are a parent, youth, member of an organization, school, or business, you play a vital role in helping to prevent youth violence by providing a safe and supportive place for our youth to grow, live, and thrive.

ThrYve provides a variety of opportunities & coordinated supports for our youth and families so that I ThrYve, You ThrYve, & We ThrYve!!

What is ThrYve?

ThrYve is a network of trusted partners who provide opportunities that support the success of Kansas City, Kansas youth, ages 12 to 18. ThrYve consists of over 50 groups, organizations, and businesses in Kansas City, Kansas who have pulled together to ensure the healthy physical, social, and emotional growth of our youth and their families. ThrYve provides year-round and continuous supports for youth and families from middle school to college.

How does ThrYve help youth?

ThrYve wants to make sure youth are equipped with the tools to be strong leaders, good students, well-rounded critical thinkers, happy friends, positive decision-makers, successful residents, driven visionaries, and the list of protective factors goes on. Through ThrYve, we will address barriers or risks factors that might keep a young person from achieving their goals and full potential. By doing so, youth will be less likely to engage in activities that may lead to risk-taking behavior in the future. Kansas City, Kansas believes that our youth have a promising future and we are all pulling together to ensure our youth ThrYve: Together Helping Reduce Youth Violence for Equity!

How does ThrYve work with the youth?

Each youth will have a personal coach who will help them map out goals for the future in their personalized play book. Based on the responses, the coaches will match their interests and connect the youth to positive and rewarding activities provided by those in our network who already work with youth in Kansas City, Kansas. The youth will check in regularly with their coach during the school year as well as the summer.

What will the youth do while participating in ThrYve?

Depending on their playbook, the youth will have the opportunity to participate in a variety of activities such as going on college visits through the LEAD UP Youth Achievement Program, attending summer camp, and/or brokering a job with employment skills training. Youth will also have access to academic support and tutoring. Families can participate in family bonding activities and parent/guardian workshops that enhance the family connections and togetherness. Youth enrolled in ThrYve will be connected to fun youth-development activities and programs, will go on field trips, experience leadership opportunities, educational resources, and more. Youth enrolled in ThrYve can participate in this program over the next three years and receive a network of supports every step of the way.

Who Can Participate in ThrYve?

Participants in ThrYve must be 8th, 9th, 10th, or 11th graders. Our enrolled 12th graders are participants in the ThrYve Leadership Development program). Youth who are prioritized for participation attend Northwest Middle School, or Wyandotte High School and live in one of the following the zip codes: 66115, 66101, 66102, 66104, and 66105. Students who attend Sumner High School, but previously attended Carl Bruce Middle School or Wyandotte High School and presently live in the priority zip code areas can also participate in the program. Youth from outside of the priority area can be considered for participation on an individual basis based on referrals approved by ThrYve.

What is ThrYve Prep?

Younger siblings of ThrYve participants who are currently in 6th or 7th grade at Northwest Middle School can participate in ThrYve Prep activities. ThrYve Prep allows younger siblings in middle school to begin to participate in basic activities, including out of school-time support, monthly coaching & goal-setting, and involvement in some recreational activities through ThrYve.

Is there a cost and how long is ThrYve?

Participation in ThrYve is free. ThrYve youth even can earn money and invest in a college savings account as a participant. ThrYve is actively recruiting new youth for this upcoming school year and continues through the summer as a year-round program. ThrYve hopes to stay connected with the youth for at least the next three years to ensure their success in high school and beyond.

Who is involved with ThrYve?

The groups involved with ThrYve represent different sectors across our city to include partners from the schools, parents, youth-serving organizations, community-based and faith-based organizations, the Unified Government and law enforcement, public health organizations, and most importantly, the youth. Supporting a community where our youth our safe, happy, and productive happens through successful partnerships and collaborations across all levels. All those involved are committed to providing opportunities for the success of our youth.

I know of an organization that might want to partner with ThrYve?

Organizations might already provide programs and resources that benefit youth and their families, but we would like you to become a partner. You will have the opportunity to collaborate with & support other community partners and to coordinate efforts. There are a variety of ways to offer support: become a member of our Systems Advisory Board, share information and resources with other community partners and ThrYve participants, facilitate positive activities for youth and their families, and train workers to build their youth development skills. If you are interested in improving our community, then we want you at the table to collaborate with other individuals and organizations in Kansas City, Kansas. We hold regular community meetings and invite you to be a part of this system-wide approach. Visit our web site to fill out a partner interest form and to obtain more information at <u>www.wethryve.org</u>.

What are the benefits of becoming a ThrYve partner?

- Opportunity to collaborate with other community organizations to reduce risks for youth violence and enhance youth resilience in Kansas City, Kansas
- Ability for your program to broaden its scope in terms of impact, and build capacity for sustainable community change
- Access to resources and support for staff professional development including training and technical assistance provided by the University of Kansas and contracted program partners
- Access to shared data, data collection systems, and current knowledge (e.g. best practices and evidencebased strategies) about youth violence prevention efforts and community outcomes for Kansas City, Kansas
- Communication and feedback about the effectiveness of coordinated efforts by program partners to reduce youth violence and enhance youth resilience in Kansas City, Kansas

How can violence be prevented?

Violence can be prevented by reduced exposure to violence, reduced victimization, enhanced conflict resolution skills, increased empathy for others, increased positive peers, and increased hope for the future.

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